

§ 5.3 定积分的换元法和分部积分法



一、定积分的换元法

二、定积分的分部积分法



一、定积分的换元法

❖ 定理

假设函数 $f(x)$ 在区间 $[a, b]$ 上连续, 函数 $x=\varphi(t)$ 满足条件:

(1) $\varphi(t)$ 在 $[\alpha, \beta]$ (或 $[\beta, \alpha]$)上具有连续导数;

(2) $\varphi(\alpha)=a, \varphi(\beta)=b$, 且 $\varphi([\alpha, \beta])=[a, b]$,

则有

$$\int_a^b f(x) dx = \int_{\alpha}^{\beta} f[\varphi(t)] \varphi'(t) dt . \quad \text{——换元公式}$$

证明 设 $F(x)$ 为 $f(x)$ 的一个原函数,

则 $F[\varphi(t)]$ 是 $f[\varphi(t)]\varphi'(t)$ 的原函数, 因此有

$$\begin{aligned} \int_a^b f(x) dx &= F(b) - F(a) = F[\varphi(\beta)] - F[\varphi(\alpha)] \\ &= \int_{\alpha}^{\beta} f[\varphi(t)] \varphi'(t) dt \end{aligned}$$



$$\int_a^b f(x) dx \stackrel{\text{令 } x=\varphi(t)}{=} \int_\alpha^\beta f[\varphi(t)]\varphi'(t) dt \quad (\text{当 } x=a \text{ 时 } t=\alpha, \text{ 当 } x=b \text{ 时 } t=\beta)$$

例1 计算 $\int_0^a \sqrt{a^2 - x^2} dx \quad (a > 0)$.

解 令 $x = a \sin t$, 则 $dx = a \cos t dt$,

当 $x = 0$ 时, $t = 0$; $x = a$ 时, $t = \frac{\pi}{2}$.

$$\begin{aligned} \text{原式} &= a^2 \int_0^{\frac{\pi}{2}} \cos^2 t dt \\ &= \frac{a^2}{2} \int_0^{\frac{\pi}{2}} (1 + \cos 2t) dt \\ &= \frac{a^2}{2} \left(t + \frac{1}{2} \sin 2t \right) \Big|_0^{\frac{\pi}{2}} = \frac{\pi a^2}{4} \end{aligned}$$



$$\int_a^b f(x)dx \stackrel{\text{令 } x=\varphi(t)}{=} \int_\alpha^\beta f[\varphi(t)]\varphi'(t)dt \quad (\text{当 } x=a \text{ 时 } t=\alpha, \text{ 当 } x=b \text{ 时 } t=\beta)$$

例2 计算 $\int_0^1 \frac{x}{\sqrt{4-3x}} dx$.

解 令 $t = \sqrt{4-3x}$, 则 $x = \frac{4-t^2}{3}$, $dx = -\frac{2}{3}t dt$,

当 $x=0$ 时, $t=2$; 当 $x=1$ 时, $t=1$

$$\begin{aligned} \text{原式} &= \int_2^1 \frac{4-t^2}{t} \cdot \left(-\frac{2}{3}t\right) dt \\ &= \frac{2}{9} \int_1^2 (4-t^2) dt \\ &= \left[\frac{2}{9} \left(4t - \frac{t^3}{3}\right) \right]_1^2 = \frac{10}{27}. \end{aligned}$$



$$\int_a^b f(x)dx \stackrel{\text{令 } x=\varphi(t)}{=} \int_\alpha^\beta f[\varphi(t)]\varphi'(t)dt \quad (\text{当 } x=a \text{ 时 } t=\alpha, \text{ 当 } x=b \text{ 时 } t=\beta)$$

例3 计算 $\int_0^{\frac{\pi}{2}} \cos^5 x \sin x dx$.

解 $\int_0^{\frac{\pi}{2}} \cos^5 x \sin x dx = -\int_0^{\frac{\pi}{2}} \cos^5 x d \cos x$

$$\stackrel{\text{令 } \cos x=t}{=} -\int_1^0 t^5 dt = \int_0^1 t^5 dt = \left[\frac{1}{6}t^6\right]_0^1 = \frac{1}{6} .$$

或 $\int_0^{\frac{\pi}{2}} \cos^5 x \sin x dx = -\int_0^{\frac{\pi}{2}} \cos^5 x d \cos x$

$$= -\left[\frac{1}{6}\cos^6 x\right]_0^{\frac{\pi}{2}} = -\frac{1}{6}\cos^6 \frac{\pi}{2} + \frac{1}{6}\cos^6 0 = \frac{1}{6} .$$

提示:

换元一定要换积分限, 不换元积分限不变.



例4 设 $f(x)$ 在 $[-a, a]$ 上连续, 证明

$$\int_{-a}^a f(x)dx = \int_0^a [f(x) + f(-x)]dx$$

并计算 $\int_{-1}^1 \frac{x^2}{1+e^x} dx$.

证明 因为 $\int_{-a}^a f(x)dx = \int_{-a}^0 f(x)dx + \int_0^a f(x)dx$,

而 $\int_{-a}^0 f(x)dx \stackrel{\text{令 } x=-t}{=} -\int_a^0 f(-t)dt = \int_0^a f(-t)dt = \int_0^a f(-x)dx$,

$$\int_{-a}^a f(x)dx = \int_0^a f(-x)dx + \int_0^a f(x)dx = \int_0^a [f(-x) + f(x)]dx$$

$$\int_{-1}^1 \frac{x^2}{1+e^x} dx = \int_0^1 \left[\frac{x^2}{1+e^x} + \frac{(-x)^2}{1+e^{-x}} \right] dx = \int_0^1 x^2 dx = \frac{1}{3}.$$



例4 设 $f(x)$ 在 $[-a, a]$ 上连续, 证明

$$\int_{-a}^a f(x)dx = \int_0^a [f(x) + f(-x)]dx$$

注: (1) 当 $f(x)$ 为奇函数时, $\int_{-a}^a f(x)dx = 0$.

(2) 当 $f(x)$ 为偶函数时, $\int_{-a}^a f(x)dx = 2\int_0^a f(x)dx$.

练习 $\int_{-1}^1 (\sin x + \sqrt{1 + \cos^2 x})^2 dx = \underline{\quad 4 \quad}$.

$$\begin{aligned} & (\sin x + \sqrt{1 + \cos^2 x})^2 \\ &= \sin^2 x + 2\sin x \cdot \sqrt{1 + \cos^2 x} + 1 + \cos^2 x \\ &= 2 + 2\sin x \cdot \sqrt{1 + \cos^2 x} \end{aligned}$$



例5 若 $f(x)$ 在 $[0, 1]$ 上连续, 证明

$$(1) \int_0^{\frac{\pi}{2}} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\cos x) dx ;$$

$$(2) \int_0^{\pi} xf(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx .$$

证明 (1) 令 $x = \frac{\pi}{2} - t$, 则

$$\begin{aligned} \int_0^{\frac{\pi}{2}} f(\sin x) dx &= - \int_{\frac{\pi}{2}}^0 f[\sin(\frac{\pi}{2} - t)] dt \\ &= \int_0^{\frac{\pi}{2}} f[\sin(\frac{\pi}{2} - t)] dt = \int_0^{\frac{\pi}{2}} f(\cos x) dx . \end{aligned}$$



例5 若 $f(x)$ 在 $[0, 1]$ 上连续, 证明

$$(1) \int_0^{\frac{\pi}{2}} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\cos x) dx ;$$

$$(2) \int_0^{\pi} xf(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx .$$

证明 (2) 令 $x = \pi - t$. 因为

$$\begin{aligned} \int_0^{\pi} xf(\sin x) dx &= -\int_{\pi}^0 (\pi - t) f[\sin(\pi - t)] dt \\ &= \int_0^{\pi} (\pi - t) f[\sin(\pi - t)] dt = \int_0^{\pi} (\pi - t) f(\sin t) dt \\ &= \pi \int_0^{\pi} f(\sin t) dt - \int_0^{\pi} tf(\sin t) dt \\ &= \pi \int_0^{\pi} f(\sin x) dx - \int_0^{\pi} xf(\sin x) dx \end{aligned}$$

所以
$$\int_0^{\pi} xf(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx .$$



例5 若 $f(x)$ 在 $[0, 1]$ 上连续, 证明

$$(1) \int_0^{\frac{\pi}{2}} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\cos x) dx ;$$

$$(2) \int_0^{\pi} x f(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx .$$

例6 计算 $\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx$

解
$$\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx = \frac{\pi}{2} \int_0^{\pi} \frac{\sin x}{1 + \cos^2 x} dx$$

$$= -\frac{\pi}{2} \int_0^{\pi} \frac{1}{1 + \cos^2 x} d(\cos x)$$

$$= -\frac{\pi}{2} [\arctan(\cos x)]_0^{\pi} = -\frac{\pi}{2} \left(-\frac{\pi}{4} - \frac{\pi}{4} \right) = \frac{\pi^2}{4} .$$



二、定积分的分部积分法

设函数 $u(x)$ 、 $v(x)$ 在区间 $[a, b]$ 上具有连续导数.

由 $(uv)'=u'v+uv'$,

得 $uv'=(uv)'-u'v$,

等式两端在区间 $[a, b]$ 上积分得

$$\int_a^b uv' dx = [uv]_a^b - \int_a^b u'v dx,$$

$$\int_a^b u dv = uv \Big|_a^b - \int_a^b v du$$

这就是定积分的分部积分公式.



例7 计算 $\int_0^{\frac{1}{2}} \arcsin x dx$.

解
$$\begin{aligned} & \int_0^{\frac{1}{2}} \arcsin x dx \\ &= [x \arcsin x]_0^{\frac{1}{2}} - \int_0^{\frac{1}{2}} x d \arcsin x \\ &= \frac{1}{2} \cdot \frac{\pi}{6} - \int_0^{\frac{1}{2}} \frac{x}{\sqrt{1-x^2}} dx \\ &= \frac{\pi}{12} + \frac{1}{2} \int_0^{\frac{1}{2}} \frac{1}{\sqrt{1-x^2}} d(1-x^2) \\ &= \frac{\pi}{12} + [\sqrt{1-x^2}]_0^{\frac{1}{2}} \\ &= \frac{\pi}{12} + \frac{\sqrt{3}}{2} - 1. \end{aligned}$$



例8 计算 $\int_0^1 \frac{\ln(1+x)}{(2-x)^2} dx$

解 原式 = $\int_0^1 \ln(1+x) d\left(\frac{1}{2-x}\right)$

$$= \frac{\ln(1+x)}{2-x} \Big|_0^1 - \int_0^1 \frac{1}{2-x} \cdot \frac{1}{1+x} dx$$

$$= \ln 2 - \frac{1}{3} \int_0^1 \left(\frac{1}{1+x} + \frac{1}{2-x} \right) dx$$

$$= \ln 2 - \frac{1}{3} [\ln(1+x) - \ln(2-x)] \Big|_0^1$$

$$= \frac{1}{3} \ln 2$$



例9 求 $I_n = \int_0^{\frac{\pi}{2}} \sin^n x dx$.

解
$$\begin{aligned} I_n &= \int_0^{\frac{\pi}{2}} \sin^n x dx = -\int_0^{\frac{\pi}{2}} \sin^{n-1} x d \cos x \\ &= -[\cos x \sin^{n-1} x]_0^{\frac{\pi}{2}} + \int_0^{\frac{\pi}{2}} \cos x d \sin^{n-1} x \\ &= (n-1) \int_0^{\frac{\pi}{2}} \cos^2 x \sin^{n-2} x dx \\ &= (n-1) \int_0^{\frac{\pi}{2}} (\sin^{n-2} x - \sin^n x) dx \\ &= (n-1) \int_0^{\frac{\pi}{2}} \sin^{n-2} x dx - (n-1) \int_0^{\frac{\pi}{2}} \sin^n x dx \\ &= (n-1) I_{n-2} - (n-1) I_n, \end{aligned}$$

由此得 $I_n = \frac{n-1}{n} I_{n-2}$.



例9 求 $I_n = \int_0^{\frac{\pi}{2}} \sin^n x dx$.

公式: $I_n = \frac{n-1}{n} I_{n-2}$.

注意: $I_0 = \int_0^{\frac{\pi}{2}} dx = \frac{\pi}{2}$, $I_1 = \int_0^{\frac{\pi}{2}} \sin x dx = 1$,

$$I_n = \int_0^{\frac{\pi}{2}} \sin^n x dx = \int_0^{\frac{\pi}{2}} \cos^n x dx$$
$$= \begin{cases} \frac{n-1}{n} \cdot \frac{n-3}{n-2} \cdots \frac{3}{4} \cdot \frac{1}{2} \cdot \frac{\pi}{2}, & n \text{ 为正偶数} \\ \frac{n-1}{n} \cdot \frac{n-3}{n-2} \cdots \frac{4}{5} \cdot \frac{2}{3}, & n \text{ 为大于1的正奇数} \end{cases}$$



例10 求 $\int_0^2 x^2 \sqrt{4-x^2} dx$

解 令 $x = 2 \sin t$, $dx = 2 \cos t dt$

$$\text{原式} = \int_0^{\frac{\pi}{2}} 4 \sin^2 t \cdot 2 \cos t \cdot 2 \cos t dt$$

$$= 16 \int_0^{\frac{\pi}{2}} (\sin^2 t - \sin^4 t) dt$$

$$= 16 \left(\frac{1}{2} \cdot \frac{\pi}{2} - \frac{3}{4} \cdot \frac{1}{2} \cdot \frac{\pi}{2} \right)$$

$$= \pi.$$



思考题1

设 $f''(x)$ 在 $[0,1]$ 连续, 且 $f(0)=1, f(2)=3,$

$f'(2)=5,$ 求 $\int_0^1 x f''(2x) dx.$

解
$$\int_0^1 x f''(2x) dx = \frac{1}{2} \int_0^1 x df'(2x)$$

$$= \frac{1}{2} \left[x f'(2x) \Big|_0^1 - \int_0^1 f'(2x) dx \right]$$

$$= \frac{5}{2} - \frac{1}{4} f(2x) \Big|_0^1$$

$$= 2$$



思考题2

设 $f(x)$ 在 $[a, b]$ 上有连续的二阶导数,

且 $f(a) = f(b) = 0$, 试证

$$\int_a^b f(x) dx = \frac{1}{2} \int_a^b (x-a)(x-b) f''(x) dx$$

证 右端 = $\frac{1}{2} \int_a^b (x-a)(x-b) df'(x)$

$$= \frac{1}{2} [(x-a)(x-b)f'(x)] \Big|_a^b - \frac{1}{2} \int_a^b f'(x)(2x-a-b) dx$$

$$= -\frac{1}{2} \int_a^b (2x-a-b) df(x)$$

$$= -\frac{1}{2} [(2x-a-b)f(x)] \Big|_a^b + \int_a^b f(x) dx = \text{左端}$$



作业

习题5-3 (P249):

1.(4) (8) (12) (16) (20)

5.

8.

11.(3) (6) (9) (10) (12)